

31 400m Individual Medley Men Heat

Official

NZR	Open New Zealand Long Course Record	4:08.70	2022-07-31	Lewis Clareburt	Capital Swim Club
18yr NZR	18 Years New Zealand Long Course Records	4:14.42	2018-04-06	Lewis Clareburt	WN
17yr	17 Years New Zealand Long Course	4:21.05	2017-04-04	Lewis Clareburt	































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Entries Heats Summary































Total



















Rank	Competitor	Age	Club	RT	PTS	Result
1	Muchirahondo Ariel	15	Swim Rotorua	+0.71		4:39.68 Entry: 4:35.03 (+4.65) Q
	50m: 28.39	100m: 1:01.13 (32.74)	150m: 1:35.11 (33.98)			
	200m: 2:09.61 (34.50)	250m: 2:50.49 (40.88)	300m: 3:33.78 (43.29)			
	350m: 4:07.24 (33.46)	400m: 4:39.68 (32.44)				
2	Hamblyn-Ough Larn	18	Coast Swimming Club	+0.61		4:42.24 Entry: 4:39.32 (+2.92) Q
	50m: 28.48	100m: 1:02.24 (33.76)	150m: 1:39.19 (36.95)			
	200m: 2:15.21 (36.02)	250m: 2:57.67 (42.46)	300m: 3:40.49 (42.82)			
	350m: 4:12.85 (32.36)	400m: 4:42.24 (29.39)				
3	Visser Brendan	18	Coast Swimming Club	+0.72		4:42.80 Entry: 4:35.70 (+7.10) Q
	50m: 28.62	100m: 1:02.54 (33.92)	150m: 1:38.98 (36.44)			
	200m: 2:15.08 (36.10)	250m: 2:57.88 (42.80)	300m: 3:40.80 (42.92)			
	350m: 4:13.27 (32.47)	400m: 4:42.80 (29.53)				
4	Peck Ryan	18	United Swimming Club	+0.66		4:42.86 Entry: 4:32.20 (+10.66) Q
	50m: 27.26	100m: 1:00.12 (32.86)	150m: 1:37.68 (37.56)			
	200m: 2:13.45 (35.77)	250m: 2:55.24 (41.79)	300m: 3:37.39 (42.15)			
	350m: 4:11.56 (34.17)	400m: 4:42.86 (31.30)				
5	Love Jack	17	Blenheim Swimming ...	+0.67		4:46.11 Entry: 4:46.05 (+0.06) Q
	50m: 28.92	100m: 1:03.55 (34.63)	150m: 1:40.64 (37.09)			
	200m: 2:17.04 (36.40)	250m: 2:59.53 (42.49)	300m: 3:42.44 (42.91)			
	350m: 4:14.74 (32.30)	400m: 4:46.11 (31.37)				
6	Arrowsmith Leo	17	United Swimming Club	+0.67		4:49.41 Entry: 4:38.32 (+11.09) Q
	50m: 29.23	100m: 1:03.52 (34.29)	150m: 1:43.96 (40.44)			
	200m: 2:23.07 (39.11)	250m: 3:01.09 (38.02)	300m: 3:40.64 (39.55)			
	350m: 4:15.67 (35.03)	400m: 4:49.41 (33.74)				
7	Gibson Luke	17	United Swimming Club	+0.75		4:51.80 Entry: 4:38.12 (+13.68) Q
	50m: 28.95	100m: 1:02.39 (33.44)	150m: 1:40.01 (37.62)			
	200m: 2:18.21 (38.20)	250m: 3:00.85 (42.64)	300m: 3:44.20 (43.35)			
	350m: 4:18.16 (33.96)	400m: 4:51.80 (33.64)				
8	Lloyd Hunter	16	Raumati Swimming C...	+0.68		4:53.76 Entry: 4:42.18 (+11.58) Q
	50m: 28.75	100m: 1:02.65 (33.90)	150m: 1:39.86 (37.21)			
	200m: 2:17.69 (37.83)	250m: 3:00.65 (42.96)	300m: 3:44.27 (43.62)			
	350m: 4:19.05 (34.78)	400m: 4:53.76 (34.71)				
9	Verran Joel	18	Wharenui Swim Club	+0.77		4:53.90 Entry: 4:51.14 (+2.76) Q
	50m: 28.90	100m: 1:03.18 (34.28)	150m: 1:42.25 (39.07)			
	200m: 2:20.94 (38.69)	250m: 3:04.53 (43.59)	300m: 3:48.12 (43.59)			
	350m: 4:22.33 (34.21)	400m: 4:53.90 (31.57)				
10	Cowen Nicholas	17	North Shore Swimmi...	+0.67		4:54.11 Entry: 4:46.95 (+7.16) Q
	50m: 30.70	100m: 1:05.99 (35.29)	150m: 1:45.21 (39.22)			
	200m: 2:23.89 (38.68)	250m: 3:03.96 (40.07)	300m: 3:45.43 (41.47)			
	350m: 4:20.48 (35.05)	400m: 4:54.11 (33.63)				
11	Solodi Nico	17	Aquagym Swimming ...	+0.61		4:55.02 Entry: 4:51.48 (+3.54) Q
	50m: 30.18	100m: 1:06.10 (35.92)	150m: 1:44.54 (38.44)			
	200m:	250m: 3:05.58 (3:05.58)	300m: 3:48.66 (43.08)			
	350m: 4:22.50 (33.84)	400m: 4:55.02 (32.52)				
12	Walker Nathan	18	Aquagym Swimming ...	+0.66		4:55.48 Entry: 4:42.46 (+13.02) Q

50m: 29.06 100m: 1:03.86 (34.80) 150m: 1:43.13 (39.27)
 200m: 2:22.40 (39.27) 250m: 3:03.98 (41.58) 300m: 3:46.99 (43.01)

13	 Willis Alex	 Ice Breaker Aquatics	+0.65	Entry: 4:44.34 (+11.30)	R1
	50m: 29.19 100m: 1:04.04 (34.85) 150m: 1:42.91 (38.87) 200m: 2:22.28 (39.37) 250m: 3:04.01 (41.73) 300m: 3:47.16 (43.15) 350m: 4:21.89 (34.73) 400m: 4:55.64 (33.75)				
14	 Pask Zack	 Liz van Welie Aquatics	+0.77	4:56.54 Entry: 4:58.33 (-1.79)	Q
	50m: 30.96 100m: 1:07.73 (36.77) 150m: 1:45.95 (38.22) 200m: 2:24.67 (38.72) 250m: 3:05.47 (40.80) 300m: 3:47.82 (42.35) 350m: 4:22.49 (34.67) 400m: 4:56.54 (34.05)				
15	 Markovich Nemanya	 Roskill Swimming Club	+0.64	4:56.87 Entry: 4:39.68 (+17.19)	Q
	50m: 29.44 100m: 1:04.28 (34.84) 150m: 1:43.57 (39.29) 200m: 2:22.26 (38.69) 250m: 3:03.56 (41.30) 300m: 3:45.96 (42.40) 350m: 4:21.83 (35.87) 400m: 4:56.87 (35.04)				
16	 Feng Andrew	 North Shore Swimmi...	+0.63	4:56.95 Entry: 4:49.95 (+7.00)	Q
	50m: 29.89 100m: 1:03.79 (33.90) 150m: 1:42.63 (38.84) 200m: 2:21.10 (38.47) 250m: 3:02.34 (41.24) 300m: 3:46.09 (43.75) 350m: 4:23.68 (37.59) 400m: 4:56.95 (33.27)				
17	 Petro (V) Leonardo	 Phoenix Aquatics	+0.71	4:57.62 Entry: 4:46.23 (+11.39)	R2
	50m: 29.91 100m: 1:04.61 (34.70) 150m: 1:45.88 (41.27) 200m: 2:25.43 (39.55) 250m: 3:06.90 (41.47) 300m: 3:49.19 (42.29) 350m: 4:24.10 (34.91) 400m: 4:57.62 (33.52)				
18	 Overend Charlie	 Selwyn Swim Club	+0.73	4:57.89 Entry: 5:02.61 (-4.72)	Q
	50m: 31.37 100m: 1:09.12 (37.75) 150m: 1:46.95 (37.83) 200m: 2:23.39 (36.44) 250m: 3:07.09 (43.70) 300m: 3:51.84 (44.75) 350m: 4:25.59 (33.75) 400m: 4:57.89 (32.30)				
19	 Wells Soeren	 Wharenui Swim Club	+0.70	4:58.06 Entry: 4:56.66 (+1.40)	Q
	50m: 30.77 100m: 1:06.91 (36.14) 150m: 1:44.47 (37.56) 200m: 2:21.44 (36.97) 250m: 3:07.68 (46.24) 300m: 3:54.10 (46.42) 350m: 4:26.85 (32.75) 400m: 4:58.06 (31.21)				
20	 Kregting Daniel	 Roskill Swimming Club	+0.61	4:58.11 Entry: 4:43.85 (+14.26)	Q
	50m: 27.90 100m: 1:01.29 (33.39) 150m: 1:40.02 (38.73) 200m: 2:18.63 (38.61) 250m: 3:04.08 (45.45) 300m: 3:51.30 (47.22) 350m: 4:25.01 (33.71) 400m: 4:58.11 (33.10)				
21	 Russell Charlie	 TBSS Central City S...		4:58.14 Entry: 4:58.61 (-0.47)	Q
	50m: 30.86 100m: 1:07.00 (36.14) 150m: 1:46.30 (39.30) 200m: 2:26.19 (39.89) 250m: 3:06.91 (40.72) 300m: 3:49.99 (43.08) 350m: 4:24.59 (34.60) 400m: 4:58.14 (33.55)				
22	 Barton Jack	 North Shore Swimmi...	+0.70	4:58.43 Entry: 5:02.11 (-3.68)	Q
	50m: 31.23 100m: 1:07.02 (35.79) 150m: 1:48.74 (41.72) 200m: 2:27.95 (39.21) 250m: 3:11.68 (43.73) 300m: 3:55.55 (43.87) 350m: 4:28.15 (32.60) 400m: 4:58.43 (30.28)				
23	 Shanks Curtis	 Jasi Swim Club	+0.77	4:59.35 Entry: 4:58.36 (+0.99)	Q
	50m: 31.79 100m: 1:08.21 (36.42) 150m: 1:48.44 (40.23) 200m: 2:27.06 (38.62) 250m: 3:07.96 (40.90) 300m: 3:49.45 (41.49) 350m: 4:26.42 (36.97) 400m: 4:59.35 (32.93)				
24	 Broadfoot Declan	 Pirates Swim Team	+0.53	4:59.51 Entry: 4:49.96 (+9.55)	Q
	50m: 29.78 100m: 1:05.12 (35.34) 150m: 1:45.25 (40.13) 200m: 2:24.45 (39.20) 250m: 3:06.85 (42.40) 300m: 3:50.19 (43.34) 350m: 4:25.22 (35.03) 400m: 4:59.51 (34.29)				
25	 Weatherston Harvey Alfie	 Kiwi ASC	+0.62	5:00.03 Entry: 4:55.67 (+4.36)	Q
	50m: 30.14 100m: 1:06.59 (36.45) 150m: 1:45.34 (38.75) 200m: 2:21.01 (35.67) 250m: 3:06.29 (45.28) 300m: 3:51.85 (45.56) 350m: 4:26.49 (34.64) 400m: 5:00.03 (33.54)				
26	 Nicholson Beau	 Howick Pakuranga	+0.75	5:00.12 Entry: 5:01.20 (-1.08)	Q
	50m: 30.55 100m: 1:05.36 (34.81) 150m: 1:44.67 (39.31) 200m: 2:22.52 (37.85) 250m: 3:07.78 (45.26) 300m: 3:52.97 (45.19) 350m: 4:27.50 (34.53) 400m: 5:00.12 (32.62)				
27	 Sands Hunter	 Liz van Welie Aquatics	+0.63	5:02.06 Entry: 5:02.56 (-0.50)	Q

	50m: 29.28 200m: 2:25.82 (40.22) 350m: 4:28.26 (35.10)	100m: 1:04.81 (35.53) 250m: 3:08.77 (42.95) 400m: 5:02.06 (33.80)	150m: 1:45.60 (40.79) 300m: 3:53.16 (44.39)		
28	 Grace Flynn	16	 Vikings Swim Club Inc	+0.74	5:03.14 Entry: 5:01.90 (+1.24) Q
	50m: 29.62 200m: 2:24.96 (40.64) 350m: 4:27.89 (36.87)	100m: 1:04.16 (34.54) 250m: 3:06.41 (41.45) 400m: 5:03.14 (35.25)	150m: 1:44.32 (40.16) 300m: 3:51.02 (44.61)		
29	 Luff Ry	17	 Northwave Swim Club	+0.71	5:04.17 Entry: 4:51.82 (+12.35)
	50m: 30.16 200m: 2:25.22 (39.41) 350m: 4:30.21 (36.23)	100m: 1:05.26 (35.10) 250m: 3:09.21 (43.99) 400m: 5:04.17 (33.96)	150m: 1:45.81 (40.55) 300m: 3:53.98 (44.77)		
30	 Holmberg Nathan	17	 Liz van Welie Aquatics	+0.66	5:04.50 Entry: 5:06.15 (-1.65)
	50m: 30.90 200m: 2:30.46 (41.04) 350m: 4:30.81 (35.65)	100m: 1:08.14 (37.24) 250m: 3:12.32 (41.86) 400m: 5:04.50 (33.69)	150m: 1:49.42 (41.28) 300m: 3:55.16 (42.84)		
31	 Beattie Flynn	15	 Mt Maunganui Swim...	+0.70	5:04.58 Entry: 5:02.75 (+1.83) Q
	50m: 30.62 200m: 2:25.69 (39.16) 350m: 4:30.93 (35.18)	100m: 1:06.39 (35.77) 250m: 3:10.31 (44.62) 400m: 5:04.58 (33.65)	150m: 1:46.53 (40.14) 300m: 3:55.75 (45.44)		
32	 Joyce Josiah	15	 St Paul's Swimming ...	+0.69	5:04.88 Entry: 5:03.66 (+1.22) Q
	50m: 31.29 200m: 2:26.56 (39.18) 350m: 4:31.80 (34.84)	100m: 1:07.77 (36.48) 250m: 3:11.45 (44.89) 400m: 5:04.88 (33.08)	150m: 1:47.38 (39.61) 300m: 3:56.96 (45.51)		
33	 Bell Lucas	14	 Tasman Swim Club	+0.72	5:06.30 Entry: 5:14.36 (-8.06) Q
	50m: 32.15 200m: 2:34.24 (39.86) 350m: 4:32.70 (35.51)	100m: 1:12.25 (40.10) 250m: 3:16.10 (41.86) 400m: 5:06.30 (33.60)	150m: 1:54.38 (42.13) 300m: 3:57.19 (41.09)		
34	 Paki Te	13	 Northwave Swim Club	+0.77	5:08.06 Entry: 4:59.53 (+8.53) Q
	50m: 30.65 200m: 2:27.30 (39.38) 350m: 4:34.21 (36.18)	100m: 1:07.80 (37.15) 250m: 3:12.81 (45.51) 400m: 5:08.06 (33.85)	150m: 1:47.92 (40.12) 300m: 3:58.03 (45.22)		
35	 Searle Bradley	15	 United Swimming Club	+0.61	5:08.24 Entry: 5:08.58 (-0.34) Q
	50m: 30.70 200m: 2:28.90 (40.57) 350m: 4:35.31 (33.76)	100m: 1:07.92 (37.22) 250m: 3:15.45 (46.55) 400m: 5:08.24 (32.93)	150m: 1:48.33 (40.41) 300m: 4:01.55 (46.10)		
36	 Sugiyama Taka	16	 Kiwi ASC	+0.71	5:08.53 Entry: 5:06.99 (+1.54) R1
	50m: 31.38 200m: 2:32.03 (41.12) 350m: 4:35.91 (35.29)	100m: 1:09.54 (38.16) 250m: 3:14.52 (42.49) 400m: 5:08.53 (32.62)	150m: 1:50.91 (41.37) 300m: 4:00.62 (46.10)		
37	 Taylor Aidan	14	 Howick Pakuranga	+0.74	5:09.11 Entry: 5:10.48 (-1.37) Q
	50m: 31.47 200m: 2:32.58 (40.87) 350m: 4:35.01 (36.50)	100m: 1:08.80 (37.33) 250m: 3:15.24 (42.66) 400m: 5:09.11 (34.10)	150m: 1:51.71 (42.91) 300m: 3:58.51 (43.27)		
38	 Anderson Roman	15	 Tawa Swimming Club	+0.62	5:10.01 Entry: 5:15.88 (-5.87) Q
	50m: 30.45 200m: 2:30.54 (41.62) 350m: 4:35.60 (35.86)	100m: 1:08.03 (37.58) 250m: 3:14.49 (43.95) 400m: 5:10.01 (34.41)	150m: 1:48.92 (40.89) 300m: 3:59.74 (45.25)		
39	 Shivnan Charlie	15	 Mt Maunganui Swim...	+0.63	5:10.25 Entry: 5:02.25 (+8.00) Q
	50m: 31.30 200m: 2:30.18 (40.10) 350m: 4:35.64 (34.11)	100m: 1:09.89 (38.59) 250m: 3:15.38 (45.20) 400m: 5:10.25 (34.61)	150m: 1:50.08 (40.19) 300m: 4:01.53 (46.15)		
40	 Asiata Samuel	15	 Howick Pakuranga	+0.74	5:10.36 Entry: 5:10.75 (-0.39) Q
	50m: 30.76 200m: 2:26.85 (39.05) 350m: 4:35.61 (36.16)	100m: 1:07.20 (36.44) 250m: 3:13.16 (46.31) 400m: 5:10.36 (34.75)	150m: 1:47.80 (40.60) 300m: 3:59.45 (46.29)		
41	 Hanton Jamie	17	 Phoenix Aquatics	+0.79	5:10.46 Entry: 5:00.51 (+9.95)
	50m: 30.45 200m: 2:27.08 (39.62) 350m: 4:36.01 (35.28)	100m: 1:06.02 (35.57) 250m: 3:13.39 (46.31) 400m: 5:10.46 (34.45)	150m: 1:47.46 (41.44) 300m: 4:00.73 (47.34)		
42	 Wilson Joel	16	 Hokonui Aquatics	+0.72	5:10.72 Entry: 5:06.43 (+4.29) R2

	50m: 31.45 200m: 2:28.69 (40.13) 350m: 4:35.74 (38.63)	100m: 1:06.99 (35.54) 250m: 3:12.22 (43.53) 400m: 5:10.72 (34.98)	150m: 1:48.56 (41.57) 300m: 3:57.11 (44.89)		
43	 Dickison Jayden	15	 Nga Tai Tuatea a Tar... +0.71	5:10.99 Entry: 5:01.13 (+9.86)	Q
	50m: 30.16 200m: 2:28.53 (40.95) 350m: 4:36.91 (35.64)	100m: 1:06.30 (36.14) 250m: 3:14.15 (45.62) 400m: 5:10.99 (34.08)	150m: 1:47.58 (41.28) 300m: 4:01.27 (47.12)		
44	 Segers Seb	14	 United Swimming Club +0.74	5:11.40 Entry: 5:12.65 (-1.25)	Q
	50m: 30.53 200m: 2:22.74 (37.74) 350m: 4:34.99 (37.12)	100m: 1:06.62 (36.09) 250m: 3:09.83 (47.09) 400m: 5:11.40 (36.41)	150m: 1:45.00 (38.38) 300m: 3:57.87 (48.04)		
45	 Lee Yen-Cheng	15	 United Swimming Club +0.66	5:13.02 Entry: 5:14.62 (-1.60)	R1
	50m: 32.05 200m: 2:29.84 (38.17) 350m: 4:38.10 (36.52)	100m: 1:11.57 (39.52) 250m: 3:15.70 (45.86) 400m: 5:13.02 (34.92)	150m: 1:51.67 (40.10) 300m: 4:01.58 (45.88)		
46	 Biggar Luke	15	 Murihiku Swimming ... +0.77	5:13.23 Entry: 5:11.15 (+2.08)	R2
	50m: 30.08 200m: 2:25.45 (38.71) 350m: 4:38.90 (35.73)	100m: 1:07.11 (37.03) 250m: 3:14.15 (48.70) 400m: 5:13.23 (34.33)	150m: 1:46.74 (39.63) 300m: 4:03.17 (49.02)		
47	 English Finley	16	 Swim Rotorua +0.71	5:13.65 Entry: 4:56.69 (+16.96)	
	50m: 30.89 200m: 2:32.41 (40.03) 350m: 4:37.72 (38.08)	100m: 1:10.44 (39.55) 250m: 3:15.45 (43.04) 400m: 5:13.65 (35.93)	150m: 1:52.38 (41.94) 300m: 3:59.64 (44.19)		
48	 Broekhuizen Kinnon	17	 Hamilton Aquatics +0.70	5:14.23 Entry: 4:55.58 (+18.65)	
	50m: 27.86 200m: 2:24.03 (41.03) 350m: 4:39.07 (35.79)	100m: 1:00.26 (32.40) 250m: 3:12.92 (48.89) 400m: 5:14.23 (35.16)	150m: 1:43.00 (42.74) 300m: 4:03.28 (50.36)		
49	 Yoon Jethrow	14	 Phoenix Aquatics +0.59	5:14.33 Entry: 5:02.52 (+11.81)	Q
	50m: 32.32 200m: 2:33.21 (40.88) 350m: 4:39.41 (37.73)	100m: 1:09.57 (37.25) 250m: 3:16.46 (43.25) 400m: 5:14.33 (34.92)	150m: 1:52.33 (42.76) 300m: 4:01.68 (45.22)		
50	 Candish Blake	15	 Whanganui Swimmin... +0.67	5:14.46 Entry: 5:08.87 (+5.59)	
	50m: 30.75 200m: 2:30.75 (41.78) 350m: 4:39.01 (36.03)	100m: 1:07.58 (36.83) 250m: 3:16.56 (45.81) 400m: 5:14.46 (35.45)	150m: 1:48.97 (41.39) 300m: 4:02.98 (46.42)		
51	 Kim James	15	 Waitaha Swim Club +0.69	5:14.69 Entry: 5:11.65 (+3.04)	
	50m: 30.44 200m: 2:29.63 (41.55) 350m: 4:41.17 (35.57)	100m: 1:07.08 (36.64) 250m: 3:17.25 (47.62) 400m: 5:14.69 (33.52)	150m: 1:48.08 (41.00) 300m: 4:05.60 (48.35)		
52	 Savry Emeric	15	 North Canterbury Swi... +0.64	5:16.67 Entry: 5:14.49 (+2.18)	
	50m: 32.16 200m: 2:36.76 (41.38) 350m: 4:42.94 (35.80)	100m: 1:11.84 (39.68) 250m: 3:21.44 (44.68) 400m: 5:16.67 (33.73)	150m: 1:55.38 (43.54) 300m: 4:07.14 (45.70)		
53	 Smith Daniel	SM19 15	 Pukekohe Swimming ... +0.65 1057	5:19.17 Entry: 5:16.24 (+2.93)	
	50m: 30.20 200m: 2:34.62 (43.44) 350m: 4:42.09 (39.70)	100m: 1:07.20 (37.00) 250m: 3:17.55 (42.93) 400m: 5:19.17 (37.08)	150m: 1:51.18 (43.98) 300m: 4:02.39 (44.84)		
54	 Lushkott Tyler	13	 United Swimming Club +0.64	5:20.96 Entry: 5:33.28 (-12.32)	Q
	50m: 33.09 200m: 2:41.51 (42.78) 350m: 4:47.43 (36.21)	100m: 1:13.81 (40.72) 250m: 3:26.38 (44.87) 400m: 5:20.96 (33.53)	150m: 1:58.73 (44.92) 300m: 4:11.22 (44.84)		
55	 Callow William	13	 Aquagym Swimming ... +0.72	5:21.01 Entry: 5:19.40 (+1.61)	Q
	50m: 33.82 200m: 2:34.70 (40.25) 350m: 4:45.38 (36.19)	100m: 1:12.48 (38.66) 250m: 3:22.15 (47.45) 400m: 5:21.01 (35.63)	150m: 1:54.45 (41.97) 300m: 4:09.19 (47.04)		
56	 Copocean Alex	15	 St Paul's Swimming ... +0.66	5:22.28 Entry: 5:02.78 (+19.50)	
	50m: 31.70 200m: 2:32.24 (40.67) 350m: 4:43.91 (37.96)	100m: 1:10.42 (38.72) 250m: 3:18.40 (46.16) 400m: 5:22.28 (38.37)	150m: 1:51.57 (41.15) 300m: 4:05.95 (47.55)		
57	 Narayan Ari	14	 Hamilton Aquatics +0.62	5:22.43 Entry: 5:16.10 (+6.33)	Q

	50m: 31.79	100m: 1:09.81 (38.02)	150m: 1:52.25 (42.44)			
	200m: 2:33.59 (41.34)	250m: 3:18.26 (44.67)	300m: 4:05.72 (47.46)			
	350m: 4:44.93 (39.21)	400m: 5:22.43 (37.50)				
58	 Wang Henry	13	 North Shore Swimmi...	+0.67	5:25.41 Entry: 5:29.15 (-3.74)	Q
	50m: 32.65	100m: 1:12.78 (40.13)	150m: 1:55.79 (43.01)			
	200m: 2:36.90 (41.11)	250m: 3:22.78 (45.88)	300m: 4:10.18 (47.40)			
	350m: 4:47.70 (37.52)	400m: 5:25.41 (37.71)				
59	 Suzuki Ray	17	 Jasi Swim Club	+0.66	5:26.22 Entry: 5:03.80 (+22.42)	
	50m: 29.39	100m: 1:04.81 (35.42)	150m: 1:48.04 (43.23)			
	200m: 2:30.51 (42.47)	250m: 3:20.70 (50.19)	300m: 4:10.75 (50.05)			
	350m: 4:48.15 (37.40)	400m: 5:26.22 (38.07)				
60	 Eagar (V) Alex	13	 Australia	+0.48	5:29.12 Entry: 5:35.26 (-6.14)	Q
	50m: 33.03	100m: 1:13.68 (40.65)	150m: 1:57.46 (43.78)			
	200m: 2:40.56 (43.10)	250m: 3:28.64 (48.08)	300m: 4:18.10 (49.46)			
	350m: 4:53.63 (35.53)	400m: 5:29.12 (35.49)				
61	 Abdou Faris	13	 Wharenui Swim Club	+0.72	5:29.68 Entry: 5:32.35 (-2.67)	Q
	50m: 35.63	100m: 1:19.04 (43.41)	150m: 2:01.09 (42.05)			
	200m: 2:42.60 (41.51)	250m: 3:31.56 (48.96)	300m: 4:21.17 (49.61)			
	350m: 4:56.47 (35.30)	400m: 5:29.68 (33.21)				
62	 Wang Elvin	13	 North Shore Swimmi...	+0.70	5:30.21 Entry: 5:28.04 (+2.17)	Q
	50m: 35.98	100m: 1:18.86 (42.88)	150m: 2:03.09 (44.23)			
	200m: 2:45.31 (42.22)	250m: 3:30.41 (45.10)	300m: 4:15.94 (45.53)			
	350m: 4:54.68 (38.74)	400m: 5:30.21 (35.53)				
63	 Yee Jaeci	14	 Capital Swim Club	+0.70	5:36.40 Entry: 5:22.54 (+13.86)	Q
	50m: 29.94	100m: 1:08.42 (38.48)	150m: 1:54.66 (46.24)			
	200m: 2:37.43 (42.77)	250m: 3:27.99 (50.56)	300m: 4:18.78 (50.79)			
	350m: 4:58.85 (40.07)	400m: 5:36.40 (37.55)				
64	 Wang Justin	13	 Porirua City Aquatics	+0.74	5:40.56 Entry: 5:30.96 (+9.60)	Q
	50m: 38.17	100m: 1:22.42 (44.25)	150m: 2:05.04 (42.62)			
	200m: 2:45.91 (40.87)	250m: 3:34.47 (48.56)	300m: 4:22.73 (48.26)			
	350m: 5:02.48 (39.75)	400m: 5:40.56 (38.08)				
-	 Park John	15	 St Paul's Swimming ...	+0.52	DSQ	
-	 Ding Bosco	16	 United Swimming Club	+0.70	DSQ	